

First Aid at Work Course



This course is available at your location for groups of up to 12 delegates from £1300.00 + vat. Individuals can attend our open course dates.

Once qualified, holders of this **First Aid at Work** certificate can be used as First Aiders in the workplace in accordance with the Health and Safety at Work Act 1974. This course can be adapted to suit a particular audience, for example, clerical or engineering staff. The First Aid at Work course is run over three days and includes both theory and practical sessions. By arrangement the course can be run on non-consecutive days, for example - one day a week over three weeks.

The First Aid at Work Syllabus Includes:

- First Aid Priorities
- Managing Incidents
- Basic Life Support
- Examination of a Casualty
- Unconsciousness
- Control of Bleeding
- Fractures
- Burns and Scalds
- Common Illnesses
- Heart Attacks
- Eye Injuries
- Dressings
- Recording and Reporting
- Regulations
- First Aid Kits

Students are independently examined on the final afternoon of the course. Upon successful completion certification is valid for three years*.

If your delegates have previously completed the full 3 day First Aid at Work Course and their certification is in date or within 28 days after the expiry date you may wish to consider the 2 day requalification course.

*Under the current guidelines it is 'strongly recommended' that first aid trained staff attend a half-day update every 12 months - before completing full re-qualification training at the three year point.

Cost

The cost of the three-day course is £1300.00 + vat, **when run at your venue**. This is for a group of up to 12 candidates and includes certification and a manual. There are no additional costs.