

Why do staff need Manual Handling Training?

BECAUSE MORE STAFF THEN EVER ARE INJURING THEIR BACKS AT WORK AND PURSUING THEIR EMPLOYERS AS A RESULT

Who is this training course for?

This course is for any person who is involved in manual handling in the workplace.

Objectives

To learn how to improve manual handling techniques, move and handle loads safely and be able to conduct a personal manual handling risk assessment.

Manual Handling Training Course Content

- Anatomy of the spine
- Causes of back pain
- Returning back to work
- Moving & Handling Assessments
- Manual Handling Legislation
- Principles of safer Moving & Handling
- Unsafe systems of work
- Equipment demonstrations & practice
- Manual Handling Risk Assessment
- Evaluation

Course Benefits

Over 33% of all work related injuries are from manual handling. In fact back injuries are the biggest cause of staff absence in the UK and yet most are preventable!

This manual handling training course is a superb way to show your staff how to lift safely in a high impact 3 hour course. Once your staff have attended this manual handling training course, they will know have to look after their back properly and your business will be protected from the cost absenteeism and litigation.